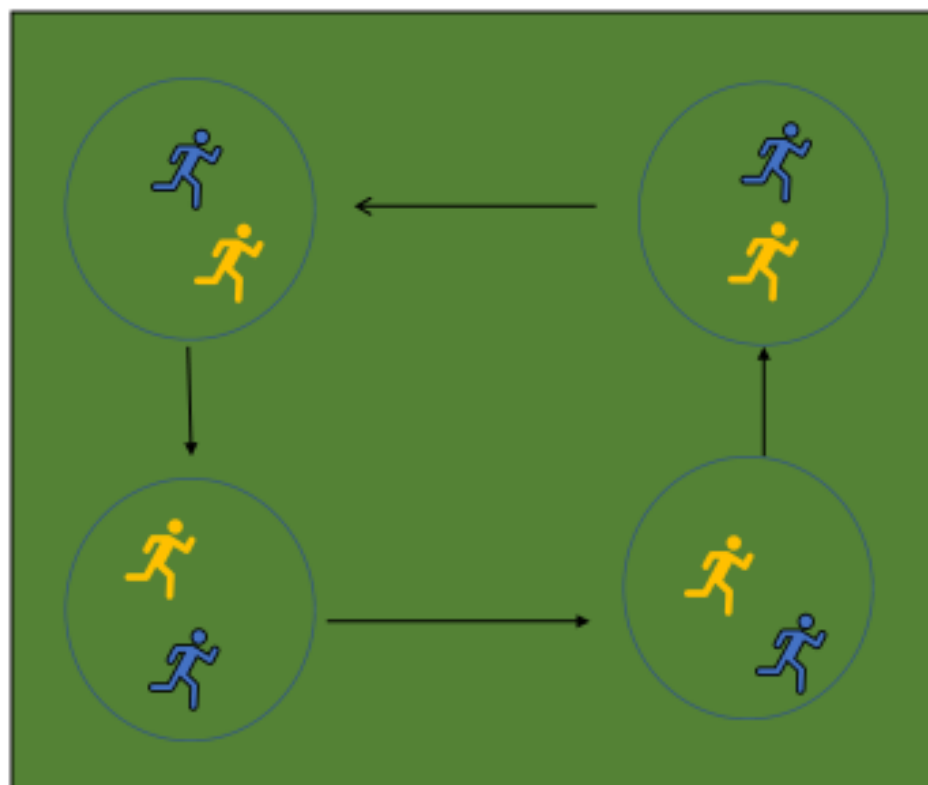




# Around & Around



<b>Title</b>	Around & Around
<b>Primary Skill</b>	Hook, Block
<b>Secondary Skill</b>	Striking from the Hand, Evasion
<b>Equipment</b>	Cones, Balls, bibs
<b>Description</b>	<p>Set up as in diagram:</p> <ul style="list-style-type: none"><li>• Ball to be passed around from area to area in direction of arrow</li><li>• Whichever Team is in Possess, they must try to pass the ball to their team mate in the next area</li><li>• Opponent is trying to hook/Block the striker</li><li>• When players get possession of the ball they are only allowed to strike it from inside their area</li><li>• Each hook/block is 2 points, each pass is 1 point</li></ul>