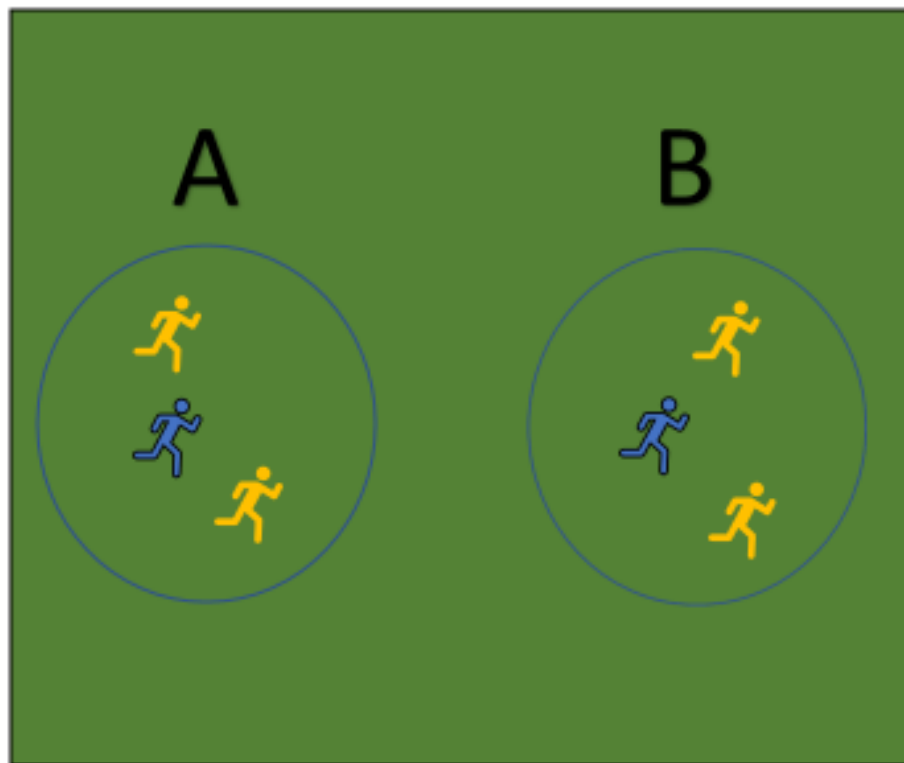


No Mans Land



Title	No Mans Land
Primary Skill	Strike from the Hand
Secondary Skill	Tackling, Overhead Catch
Equipment	Cones, Balls, bibs
Description	<p>Set up as in diagram:</p> <ul style="list-style-type: none">• Yellow player in 'A' must complete 1 pass to his partner in 'A' whilst Blue Tackles• If his partner gains possession he can then hit the ball over to circle 'B' to Yellow team• Yellow team must complete 1 pass in circle 'B' before passing back over to circle 'A'• Rotate players from yellow to blue after 2 minutes