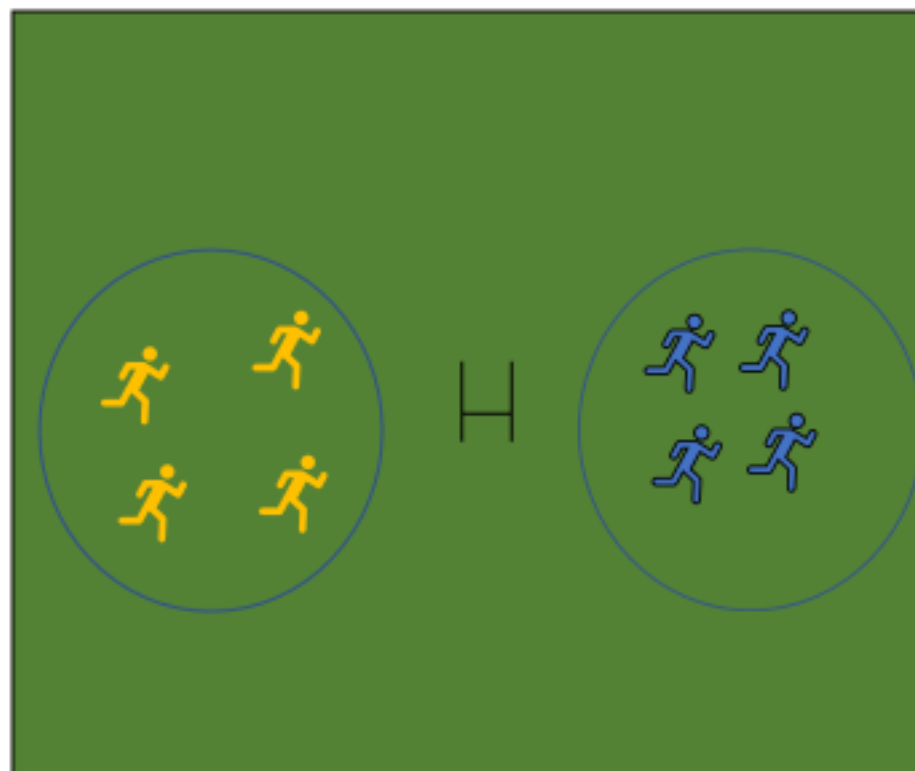


Over the Bar



Title	Over the Bar
Primary Skill	Strike from the Hand
Secondary Skill	Control a moving ball, Overhead Catch
Equipment	Cones/poles, Balls, bibs
Description	<p>Set up as in diagram:</p> <ul style="list-style-type: none">• Teams must stay in their area• Object of the game is to hit as many balls over the portable goals• Coaches keep track of score <p>Progression:</p> <ul style="list-style-type: none">• Move grid further from goals• Two points for strike with weak side